the first in a series of self-produced multimedia experiments investigating how it feels to be a woman through the lens of centuries-old archetypes, mysticism, and my own experience. "arc of emotion" is a nuanced expression of feminine energy, which is

- soft and strong,
grounded and enigmatic,
forever mythological
and innately individual –

inspiration: the eight of swords
self-imposed restriction
victim mentality
limiting beliefs

Adult human metamorphosis
The arc of transformation
Feel
Let go
Understand

Intensity

Time